

Health care reform legislation known as the *Affordable Care Act (ACA)* makes sweeping changes in health care, and includes expanded coverage for preventive services. Effective for health plan years beginning on or after September 23, 2010, health plans and Medicare must provide full coverage for certain services that have proven to make a positive difference in clinical outcomes. HFHP wholeheartedly supports this new rule as we have always believed in the value of preventive care, and covers these required services in-network with no cost share. Contact us if you have questions.

The Affordable Care Act (ACA) requires full coverage of the following preventive services:

- ❖ Services recommended by the United States Preventive Services Task Force (USPSTF) with a current rating of A or B. (Medicare will also cover these services.)
- ❖ Immunizations recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (CDC) for routine use in children, adolescents, and adults.
- ❖ Preventive care and screenings for women, infants, children, and adolescents that are provided for in the comprehensive guidelines supported by the Health Resources and Services Administration (HRSA).

Current preventive recommendations (see www.healthcare.gov for a current list)

▶ **Physical exams**, including annual physicals, well-woman exams, and well-child exams

▶ **Screenings, including those for:**

- Abdominal Aortic Aneurysms in adult men
- Alcohol and drug misuse in adolescents & adults
- Anemia in pregnant women & children
- Blood pressure
- Breast, cervical, and colorectal cancer
- Cholesterol abnormalities
- Depression
- Development, behavior & autism in children
- Diabetes
- Hearing in children
- Hemoglobinopathies (sickle cell)
- Hypothyroidism
- Lead exposure in children
- Obesity
- PKU in newborns
- Rh incompatibility in pregnant women
- Sexually-transmitted infections
- Tuberculosis in children
- Urinary tract infections in pregnant women
- Vision in children
- Osteoporosis in elderly or at-risk women
- Hepatitis B for pregnant women
- HIV Screening for people at high risk

▶ **Counseling services, including those related to:**

- Alcohol or drug misuse
- Aspirin therapy to prevent cardiovascular disease
- Breast cancer chemo-prevention & genetics
- Breastfeeding
- Folic acid supplementation related to pregnancy
- Healthy diet
- Iron supplements for children at risk
- Smoking
- Obesity
- Oral health/cavity prevention in children
- Sexually-transmitted infections

▶ **Immunizations for children & adults, including:**

- | | | | |
|------------------------|--------------------------------|--------------|---------------------------------|
| • Hepatitis A | • Influenza | • Tetanus | • Inactivated Poliovirus |
| • Hepatitis B | • Measles, Mumps Rubella (MMR) | • Diphtheria | • Haemophilus influenzae type b |
| • Herpes Zoster | • Meningococcal | • Pertussis | |
| • Human Papillomavirus | • Pneumococcal | • Varicella | |
| | | • Rotavirus | |

Additional coverage for Medicare members

Medicare and Health First Medicare Plans cover additional preventive services that were already covered under the Medicare program, including:

- prostate cancer screening
- glaucoma screening
- diabetes self-management training
- medical nutrition therapy
- one Initial Preventive Physical Examination (IPPE) including an EKG
- one Annual Wellness Visit

Special notes:

Preventive Service Procedure Codes: For questions about applicable procedure codes, please contact Customer Service or your Provider Relations Representative.

Related Payment Policies:

- Problem-oriented services provided during a preventive office visit. In general, if a Preventive Evaluation and Management (E/M) code is billed with a problem-oriented E/M code, only the Preventive E/M code will be paid. Additional payment will be considered if Modifier 25 is appropriately appended to the claim, indicating that the patient’s condition required a significant, separately-identifiable service. Medical records may be required to support the additional charge.
- Counseling services provided during a preventive office visit. Counseling is a component of a preventive office visit, and should not generally be reported with a preventive E/M code as it is not separately payable. If counseling services recommended under the ACA are provided separately, they may be reported separately subject to applicable bundling rules and frequency standards.

Routine Physical Exams Covered by Medicare & Health First Medicare Plans:

- Initial Preventive Physical Examination (IPPE)** – Must include elements defined by Medicare.
 - HCPCS Code G0402
 - Covered once within 12 months of a Medicare beneficiary’s enrollment in Medicare Part B.
- Annual Wellness Visit (AWV), including Personalized Prevention Plan Services** - Must include elements defined by Medicare.
 - First visit – HCPCS Code G0438; Subsequent visits – HCPCS Code G0439
 - Annual Wellness Visits are not covered within 12 months of an IPPE or other preventive office visit.
- Preventive Evaluation & Management (E/M) Services**
 - CPT Codes 99381 – 99387; 99391 – 99397

Screening Laboratory Tests:

HFHP provides full coverage of screening laboratory tests recommended under the ACA, including the tests listed below. **For tests not listed, diagnostic laboratory cost-share amounts may apply.**

Screening Laboratory Test	Adults	Children	Newborns	Pregnant Women
• Complete Blood Count (CBC) or H & H*	♦	♦	♦	♦
• Blood Glucose Level or Metabolic Panel*	♦	♦		♦
• Thyroid Stimulating Hormone (TSH)*	♦		♦	
• Lipid Panel or Cholesterol/HDL*	♦	♦		
• HIV	♦	♦		♦
• Lead (High Risk Children)		♦		
• PKU			♦	
• Hemoglobinopathies (Sickle Cell)			♦	♦
• Rh incompatibility				♦
• Hepatitis B				♦
• Syphilis (High Risk Populations)	♦	♦		♦
• Urinalysis				♦

**covered once per year as a routine screening*

This summarizes preventive care under the ACA as interpreted by HFHP, and may change with additional guidance. HFHP Customer Service – Call any day of the week from 8 a.m. to 8 p.m. at (321) 434-5665 or (800) 716-7737. TDD Relay Services: (800) 955-8771; Visit our website at www.HealthFirstHealthPlans.org